

**Torkelson Chiropractic, P.A.**  
**226 N. Douglas Avenue**  
**Ellsworth, KS 67439**

## **Informed Consent to Chiropractic Treatment**

**The Nature of Chiropractic Treatment:** Drs. Jeff and Kim Torkelson will utilize his/her hands or a mechanical device in order to manipulate your joints. You may feel a “click” or “popping” similar to when a knuckle is “popped”. You may feel movement of the joint. Ancillary procedures such as ultrasound, electric stimulation, low level laser therapy or spinal decompression may be used.

**Possible Risks:** As with any health care procedures, complications are possible following a chiropractic adjustment. Complications could include a fracture of bone, a muscle strain, a ligamentous sprain, a dislocation of a joint or injury to the intervertebral discs, nerves or the spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to the arteries in the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns or minor complications.

**Probability of Risks Occurring:** The risks of complications resulting from a chiropractic treatment have been described as “rare”; about as often as complications are seen from taking a single aspirin tablet. The risk of cerebrovascular injury or stroke has been estimated at 1 in 1 million to 1 in 20 million. These risks are further reduced by the examination procedures that Drs. Jeff and Kim Torkelson perform. The probability of adverse reaction due to ancillary procedures is also considered “rare”.

**Other Treatment Option Considerations:**

- Over the counter analgesics. The risks of these medications include irritation of stomach, liver and kidneys and other side effects in a significant number of cases.
- Medical Care. Typically anti-inflammatory medications, muscle relaxers and pain medications. Risks of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.
- Hospitalization in conjunction with medical care adds risks of exposure to virulent communicable diseases in a significant number of cases.
- Surgery in conjunction with medical care adds the risk of adverse reaction to anesthesia as well as an extended convalescent period in a significant number of cases.

**Risks of Remaining Untreated:** Delay in treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

I have read the explanation above of chiropractic treatment. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment, and hereby give my full consent to treatment.

---

Patient Signature and Date

---

Witnessed by Signature and Date